

## 22 DAYS, SUMBA, TIMOR AND FLORES PEOPLE AND CULTURE TOURS

### DAY 1 : DENPASAR, BALI ARRIVAL

Hotel : The Sun Island – Kuta

Upon arrival at Ngurah Rai Airport of Bali our guide will meet and greet then continue to Drive the clients to Hotel for accommodation.

### DAY 3 : BALI – WAINGAPU – Sunset

Hotel : Padadita Beach / Tanto Hotel

After Breakfast at Hotel our guide will transfer the clients to Ngurah Rai Airport for fly to Waingapu. Upon arrival at Mau'Hau Airport of Waingapu - East Sumba, our guide will meet and transfer you to local restaurant for lunch (*if the flight arrives at noon, otherwise lunch will be organized as per suit time and place*). Then drive to your hotel for accommodation and dinner. (B, L,D)

### DAY 4 : WAINGAPU, SUMBA TIMUR - RENDE AND SURROUNDING VILLAGES

Hotel : Padadita Beach / Tanto Hotel

Breakfast at hotel. Our guide and driver will meet you at hotel for driving to the east to Uma Lulu (Melolo), Rende then to Pau traditional villages for traditional houses, stone graves and spectacular traditional "Ikat" weaving process by tie and dye method. This is the Centre of Sumba textile which is consist of blanket for men and small size skirt for women. These textiles only made by women's hand of cotton, local wood barks and some kind of plants such as indigo. If the time permits, you will visit Wai Marang Waterfall known for its beautiful pool and cliff then Walakiri beach for sunset. Afternoon drive back to Waingapu for overnight and meals. (B,L,D)



(Left) Old ikat handwoven created by mother of Mama Rambu at Rende culture village; (Upper right) Graves stone at Rindi Village; (Lower right) Sunset at Walakiri

## **DAY 5 : WAINGAPU, SUMBA TIMUR - WAIKABUBAK, SUMBA BARAT**

Hotel : Manandang/Morika Inn Or Similar

Breakfast at hotel. Drive overland to Waikabubak - West Sumba a distance of 137 km (4 hours). On the way stops at Langganiru rain forest, have a walk to observe its environment includes some birds, then Waibakul and Pasunga (Anakalang area) to see the greatest stone graves and traditional houses of West Sumbanese. On arrival at Waikabubak direct check-in to your hotel for accommodation and meals. Lunch will be served at local restaurant in Waikabubak. After lunch visit Prai Ijing traditional village to be with local people to learn their tradition and way of life. Then visit local market to see the activities of local people is selling and buying their daily needs and hand-weaving. Return to your hotel.(B,L,D)



Great stone graves at Anakalang

## **DAY 6 : WAIKABUBAK, SUMBA BARAT – WEETABULA, SUMBA BARAT DAYA**

Hotel : Mario Hotel

Breakfast at hotel. Start to explore West part of Sumba, visit traditional village such as Puunaga, Tarung and Tabar to see stone graves and traditional houses. Their houses are decorated by horns of water buffaloes in front of the house terrace. Lunch will be served at local restaurant. Continue drive to Weetabula then check-in at Mario Hotel for accommodation and meals (B,L,D)



Aerial photograph of Tarung and Waitabar traditional villages at the centre of

## **DAY 7 : TAMBOLAKA, SUMBA BARAT DAYA - KODI**

Hotel : Mario Hotel



Breakfast at hotel. Heading first to Mbawana beach, known for its beautiful white sandy beach and 'arch' cliff. Then drive to Ratenggaro traditional village with their towering houses. Time to be with local people to learn their tradition and way of life. Descend drive to Ratenggaro beach to enjoy white sandy beach and beautiful panorama. Lunch box will be provided. Then continue drive to Wae Kury Lagoon for swimming and Mandorak Beach for sunset. Time to enjoy these beautiful beaches. Afterward continue drive back to your hotel for accommodation and meals. (B,L,D)



Retenggaro traditional village at Kodi, Sumba Barat

## **DAY 8 : TAMBOLAKA – KUPANG, TIMOR - SOE, TIMOR TENGAH SELATAN**

Hotel: Bahagia Hotel

Breakfast at hotel. Transfer to Tambolaka Airport to fly to Kupang on Timor Island. Direct enjoy Kupang city tour for visiting Kupang Museum, with its collection of fossils, anthropological artifacts, "Ikat" weavings textile, other items which reflect east Nusa Tenggara's different ethnic groups., Then on to Lesiana beach to see the traditional process of making sugar palm. Lunch at local restaurant. Then drive to Soe, a distance of 110 km for 3 hours through beautiful panoramas of rice fields, farms, jungles and savanna. Stops will be made at Oebelo, a Roteness village famous for its unique music instrument called "Sasando", made from "lontar" palm leaves. Upon arrival check into your hotel for accommodations and dinner. (B,L,D)



Mr. Jeremias A Pah, one of the greatest sasando artist and sasando maker in Oebelo, which now his works continue by his descendants

## **DAY9 : SOE – KUPANG**

Hotel : Aston Hotel

Breakfast at hotel. Visit Boti - traditional village in Timor to see their traditional houses, ikat weaving and the local people to learn their tradition and custom. Return to Soe for refreshment then drive back to Kupang. Accommodation at your hotel. (B,L,D)



Traditional house of Boti clan at Soe

## **DAY 10 : KUPANG - MAUMERE**

Hotel : Capa Resort /Similar

Breakfast at hotel. Transfer to the airport for flight to Maumere - Flores Island.

On arrival at Airport of Maumere at 14.30 direct drive 12 Km to eastern Maumere town (15 minutes' drive) then check-in at your hotel for meals and accommodation. You will stopover at Museum Ledalero - a Museum by major Catholic Seminary - known for its various collection of local royal families' old portraits, antique hand woven clothes, stagedeon fossils, etc. Continue drive to Bliran Sina, Watublapi for ikat hand woven observational or lecture program. This place popular in producing traditional natural dye 'ikat' handwoven. then check-in to your hotel for meals and accommodation. (B,L,D)





Ikat handweaver women at Bliran Sina, Watublapi, Maumere regency

## DAY 11 : LEPO LORUN – NGO PROGRAM

Breakfast at hotel, in the morning you will visit Nita is a small village that is notable for the Lepo Lorun, a weaving co-op dedicated to Tenun Ikat, an ancient organic art of weaving and dyeing using natural colours such as leaves, tea barks, or fruits. Lunch at local restaurant. Return to Hotel for accommodation and dinner. (B,L,D)

Hotel : Capa Resort Or similar

## DAY 12 : MAUMERE – MONI

Hotel : Ecolodge Moni

After breakfast, you will be heading to Sikka village - a center of "Ikat" weaving to see the traditional weaving process and to observe an old church built in the 16th Century. You will then have a moment at Paga for having lunch. And short transit at Jopu traditional village to see stone seat and sarcophagus. Then heading to your hotel for accommodation and dinner. (B, L, D)



(Left) Old church at Sikka village, which the construction was made mostly by teak wood; (Right) Two of three colored lake : *Tiwu Ko'o Fai Nua Muri* (refer to young age man and girl) and *Tiwu Ata Polo* (refer to bewitched person)

## DAY 13 : KELIMUTU – BAJAWA

Hotel : Edelweiss Or Similar

In the early morning drive up to Kelimutu volcano to catch the sunrise, and see the three colored lakes. Upon arrival walk for 1,5 km and then ascend 127 steps to top to view Kelimutu's green, blue and black lakes. Then you will be driving to Ende, where you will have lunch at the local restaurant at Ende. Then continue driving to Bajawa. You will have several stops along the road to observe local happening. (B,L,D)

## **DAY 14 : BAJAWA**

Hotel : Edelweiss Or Similar

Today will spend explore the traditional village of the neighboring Bajawa tribes. First you will visit Bena - a megalithic village where people preserve their ancestral spirit beliefs and way of life, which can be seen in their "Ngadhu" and "Bhaga". These are conical thatched roof huts symbolizing their male and female ancestral spirits. Return to Bajawa for lunch at a local restaurant.

This afternoon continue north to the Soa subdistrict for stopover at several traditional villages. Finish the day with a visit to Mengeruda - a natural hot spring water for relaxing and taking bath. Dinner will be served at Hotel.

## **DAY 15 : BAJAWA**

Hotel: Edelweiss Or Similar

Meet Yayasan Komunikasi Masyarakat Watuata (NGO Program): This is a Community Based Tourism at Boloji Traditional Village, or Desa Wawowae which consist of several villages with local coffee farmer community, vegetables and potatoes. – Trekking to Watu Ata Hill. Have Lunch with local people while enjoying and Suling bamboo music instrument. Stay at Edeweis



## **DAY 16 : BAJAWA – RUTENG**

Hotel: Spring Hill Or Similar

Leave Bajawa for Ruteng. On the way stop at Aimere to visit Bela & Raghi traditional village. – Lunch at Gemo Restaurant at Aimere – then learn how to make traditional liquor named “Arak or Tua Ara”. Arrive at Ruteng Town. If time permits, short trek to Golo Curuk to view Ruteng and its surrounding. In Ruteng stay at Spring Hill or Similar+



## **DAY 17: RUTENG – WAE REBO**

Hotel: Wae Rebo local traditional Village & traditional house

After breakfast, you will then be heading to the east to Dintor village passing Todho village. Along the road you will experience local nature and traditional way of living as today's attraction. Lunch at Dintor. After reaching Dintor, you will then hike through the jungle starting from Denge village on a good prepared path to reach Wae Rebo traditional village. Wae Rebo is one of the best preserved Manggarai's traditional village and culture representation. This challenging hike takes four hours through a genuine rain forest. Once you arrive in the village you will also be treated to indigenous ceremony. You will spend a night in the 'open-bed' as well as open room in a traditional cone-shaped house that prepared for guests. (B,L,D)



Waerebo villages

## **DAY 18 : WAE REBO – LABUAN BAJO**

Hotel : Jayakarta Komodo or similar

After breakfast, leave Wae Rebo to trek up and down about 3 hours then drive to Lembor passing the same road when you came in yesterday. – Lunch at Lembor. Visit local Weaving at “Tenun Lembor”. Then drive to Labuan Bajo. Stay at Jayakarta Hotel.



Aerial view of Lingko (spider-web form ricefield) at Lembor

## DAY 19 : LABUAN BAJO – PADAR – KOMODO – PINK BEACH – LABUAN BAJO

Hotel : Jayakarta Komodo or similar

Early morning at 05.00 AM, cruise to Padar Island. Breakfast on board. Arrived at Padar Island trekking to see the beautiful panoramic for taking pictures. Back to boat then continue cruise to Komodo Island. Arrive at Komodo Island walk for 1.5 miles to Banugulung to see the activities of the giant Monitor Lizard "Komodo Dragon" which was scientifically described in 1912 as VARANUS KOMODOENSIS, which is up to 3 m long and about 150 kg, weight. The total number of these lizards is estimated at 3.500 - 5.000 inhabited in Komodo, Padar and Rinca Island. Return to the based and an opportunity to swim or snorkel on clean and white sandy beaches of Pantai Merah (Pink Beach) where is also considered as the best spot for under water life and corals (snorkel equipment does not supplied). Lunch will be served on board. Cruise back to Labuan Bajo. Upon arrival at Labuan Bajo, direct transfer to hotel for dinner and accommodation. (B,L,D)



(Upper) Dramatic scenery from the of Padar island; (Lower Left) Komodo dragons in mating season; (Lower Right) Classic semi-*phinisi* boat used for cruising Komodo Island and surrounds



## **DAY 20 : MELO – BATU CERMIN**

Hotel : Jayakarta Komodo or similar

Breakfast at hotel. Our guide will meet clients then drive to Melo village to see the symbol of traditional village of Manggarai west Flores (though the surroundings have been modified to modern houses) and will be welcomed by the Representative of the Village then enjoy Caci performance (pronounced as Chahee). Caci is a ritual whip fight, which is a major element of Manggarai cultural identity. Caci Dance played out by two male adversaries, with one of them usually coming from another village to compete. Spectators support their favorite party by cheerfully shouting out their encouragement, making it a very lively event. After the seeing the performance and be the locals, drive to Labuan Bajo. Lunch at local restaurant. Then visit Batu Cermin Cave – 5 km away from the town. From the car parking area clients need to slowly walk 15 – 20 minutes. They have to step on rocks and then climb up 60 – 75 degrees steps then enter the cave. The cave is 75 by 5 m large, and contains stalactites and stalagmites. There is a hole just enough for a body to go into and have to be crawl for 5 – 7 meters, then clients can stand up again. The sunlight enters the cave through the hole then reflect to the stone wall as a mirror. That is way it called Batu Cermin or Mirror Stone. Please note that this beautiful cave might be do not suit for the elderly in their 65 up to 78 years old. The stairs and the wall are steeply. The cave is dark but clients can use the flashlight inside the cave which is prepared by the local Ranger. The elderly can be bruised or stumble in the cave. To exit the cave, clients have to step out and then step down again to go to the main entrance. Transfer to hotel for dinner and accommodation. (B,L,D)



Caci whipping dance

## **DAY 21 : LABUAN BAJO – SANUR, BALI**

Hotel : Swissbel Watu Jimbar or similar

Breakfast at hotel. Our guide will meet clients then transfer to airport for flight to Bali. Upon arrival at Ngurah Rai Airport, our guide will meet clients then drive to hotel for accommodation. Afternoon free at leisure. (B)

## **DAY 22 : SANUR**

Hotel: Swissbel Watu Jimbar or similar  
Breakfast at hotel. Full day Free at leisure or have an optional tour. (B)

## DAY 23 : SANUR - Out

Hotel: Swissbel Watu Jimbar or similar  
Breakfast at hotel. Transfer to airport for flight home (B)

PRICE :

For Price, Please contact us.



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Price includes :

- Private transfers and tours as per itinerary
- Accommodation on sharing basis
- Accommodation at Wae Rebo Traditional Village using local traditional house (designed for visitor)
- Meals as indicated in the itinerary (B= Breakfast, L= Lunch, D=Dinner)
- Speed Boat during tour to Komodo island
- Ranger Fee
- Entrance fee, donation and parking
- English speaking guide in Sumba and Timor and Flores German Speaking Guide

Price does not include :

- Domestic air fares.
- Meals which is not specified in the itinerary.
- Any personal expenses such as laundry, phone call, tipping, beverages, etc.
- Camera fee
- Travel insurance.
- Additional entrance fee Taman National Komodo for Public Holiday or Weekend : US\$ 6,00 nett / pax / day

Important note from the management of Komodo National Park.....!!!!

Komodo Island tour is a Nature Tour, to see Komodo dragon in their natural habitat, sometimes we could not see Komodo Dragon due to they are spreading all over the island which is quite large area or sometimes during mating season. It does not like in the zoo.

1. If clients bring pocket camera (small one), Komodo National Park will charge Rp. 50.000 Nett/camera or approximately at US\$ 5.55 Nett/camera pay directly on spot
2. If clients bring their own professional camera (high resolution camera), Komodo National Park will charge Rp. 100.000 Nett/camera or approximately at US\$ 11.11 Nett/camera pay directly on spot



3. And for shooting equipment (handy cam, etc), will charge Rp. 150.000 Nett/camera or approximately at US\$ 16.66 Nett/camera pay directly on spot

Please note that this policy is not from us but from the management of Komodo National Park. Therefore, we will not charge clients this additional fee. Clients can pay it on the spot.

## SNORKELING EQUIPMENT

We will provide snorkeling equipment from our side with similar quality as dive operator.

Important note for Flores Tours...!!!

Please also note that Hotels and Restaurants in Flores are in the process to reach international standard as well as its service. Most of the hotels have no hot running water, only one linen, no towel, no soap and no tooth paste. They think that their guests will always bring their own towel, own soap etc. Yes, This is an "off the beaten - track" destination with simple facilities....but beautiful and attractive. Most part of the road are winding and some parts are bumpy.

What clients should bring:

- \* Walking shoes
- \* Good hat
- \* Sun cream
- \* Flash light
- \* Mosquito repellent
- \* Malaria Pills
- \* Rain Coat

## RE : FLIGHT INFORMATION

\* Flight schedules :

Denpasar - Waingapu / Wings Air, IW 1884 / 09:50 – 11:20

Tambolaka - Kupang / Wing Air, IW 1920 / 08:05 – 09:25

Kupang - Maumere / Wing Air, IW 1821 / 07:15 - 08:10

Labuan Bajo - Denpasar / Garuda, GA 7037 / 12:55 – 14:30

## **NOTES:**

***Please note, according to the airlines regulation that the above flight schedules and airfares can be changed by airlines anytime without prior notice.***